

# A Better You, A Better Me!

## GIRLS ARE TALKING

### 4th ANNUAL CONFERENCE

**VCU Student Commons**

**AUGUST 18 & 19, 2006**

The **Girls Are Talking Conference** is an opportunity for young women, ages 12-17, to get together during the Summer to exchange ideas and experiences about growing up today.

The conference strives to make a difference in how teenagers view themselves and others, as they make the difficult choices to find their place in the world.

Remembering Americans affected last August by Hurricane Katrina, this year's conference theme will have a New Orleans feel. Jazz music and a Creole menu will be featured at the Friday evening banquet.

**Workshop topics will include:** *Having Healthy Relationships; Handling Finances; Drug Awareness; Mother/Daughter Relationships; Nutrition & Fitness; Health & Safety; Gangs & Violence*  
A Fashion Show will also take place during the conference.



**FRIENDS Administrative Offices:**

**1004 Saint John Street  
Richmond, Virginia 23220  
Phone: (804) 644-2357  
FAX: (804) 644-0509**

**[www.friendsassn.org](http://www.friendsassn.org)**

**Cost: \$20**

Covers Friday banquet & choice of Saturday workshops. *Limited scholarships are available.*

Registration Deadline:

**July 31, 2006**



**Imagine What Is Possible™**

**Youth Enrichment Coordinator:  
Kamala Benjamin  
[kbenjamin@friendsassn.org](mailto:kbenjamin@friendsassn.org)**

3/27/06

• To REGISTER for the **GAT Conference**, please fill out the form below. • Send to **Kamala Benjamin** at **FRIENDS**. •

**REGISTRATION** • GIRLS ARE TALKING Conference • August 18-19, 2006 • VCU Student Commons

**Date:** \_\_\_\_\_ **Age of Participant:** \_\_\_\_\_

**Name** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip Code** \_\_\_\_\_ **E-mail** \_\_\_\_\_

Enclosed is a \$20.00 check or money order made out to: **FRIENDS Association for Children**

**In case of an emergency, contact:**

**Name:** \_\_\_\_\_ **Phone#:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_